



## PSHE Curriculum Overview

Our curriculum includes many common aspects and themes that are woven through all year groups and across all subjects:

- It is broadly topic based
- The curriculum allows the children to relate their learning and skills to our school values of appreciation, compassion, love, perseverance, respect and trust and live their lives by them.
- Children are encouraged to learn from first hand experiences and exploration, which is built upon to learn about increasingly less familiar and more abstract ideas, concepts and places.
- Life skills are progressively taught and embedded which children can transfer to the next phase of their education, and in time to the wider world of work and the outside world
- The school grounds and immediate locality are made good use of for learning, where possible, and the children are encouraged to develop a greater understanding of Reading's place in national and international affairs, in addition to its place in the Thames Valley.

At St Mary & All Saints, we embed Personal, Social, Health and Economic Education (PSHE) as part of our broad and balanced curriculum. PSHE, when taught well, helps keep children and young people safe, physically and emotionally healthy, and prepared for life and work.

### Intent

The intent of our PSHE curriculum is to help develop children into valuable citizens of the community and the world, being aware of their roles within it and the issues that they and others may face, both now and in the future. PSHE is taught across all year groups, from Nursery to Year 6, in both weekly explicit lessons and through planned and/or spontaneous teaching opportunities whenever they arise. In essence, there are PSHE opportunities in every subject and teachers should be aware that they can introduce a PSHE element when it is necessary. Our PSHE curriculum is built on goals provided by the PSHE Association, but is unique and tailored to the needs of our children and the make up of our school. We weave in our Christian values as a school (trust, respect, love, appreciation, compassion, perseverance) throughout, and are committed to a safe and nurturing environment where all members of our school and the wider community are respected and valued.

### Implementation

Our PSHE curriculum is accessible to all children, regardless of ability, background and need. We want to broaden the world view of our children, allow them to ask questions and evaluate themselves and the world they participate in.

The curriculum shows progression through the topics we cover and the goals expected in each year group. Where a year group is on the same topic as a lower or higher one, outcomes are different. We teach the National Curriculum, supported by a clear skills and knowledge progression to properly

sequence the growth of children, including the new SRE (sex and relationship education) as required from 2020.

We will cover:

Healthy lifestyles

Mental Health

Families and close positive relationships

Friendships

Shared Responsibilities

Communities

Ourselves, Growing and changing

Keeping Safe

Drugs, alcohol and tobacco,

Managing hurtful behaviour and bullying

Safe relationships

Respecting self and others

Media literacy

Digital Resilience

Economic wellbeing

Aspirations Work and Career

Children will be introduced to all of these in EYFS/KS1 and revisited and explored in greater depth in KS2.

### **Impact**

Through implementation in the wider curriculum, staff will be using the language of the PSHE curriculum correctly and consistently, work will be displayed across the school, valued in both whole school assemblies and staff training with links to British Values and Spiritual, Moral, Social, and Cultural (SMSC) knowledge.

Children will develop a healthy outlook with regards to the school and who they are, along with a willingness towards new experiences. They will have a secure understanding of how to stay safe, healthy and how to persevere.